# Early Head Start Report to the Public 2015-2016 Explanation

Explanation of Budgetary Expenditures 2015-2016

Program Year September 1st, 2015 through August 31, 2016

Budget Summary:

Starpoint provides services for First Steps Early Head Start in Fremont County, Colorado for continued

refunding for the period of September 1, 2015 through August 31, 2016. Per the intent to fund letter from

ACF the base funds for First Steps EHS is \$758,047. Training and technical assistant funds available

are \$18,708. The goal of the organization is to maintain high quality, comprehensive service to children and

families and ensure their health and safety.

Personnel, \$ 453,261 + Fringe \$128,841 = \$582,102 Supplies, \$18,000 Contractual, \$0 Travel, \$9,680 Other, \$154,745 Training and Technical Assistance \$18,708 Number of Children & Pregnant Women Served: 75 Total Ongoing Federal EHS Funds Requested: \$758.047 \$ 18,708 = \$776,755 Total Non-federal Share = \$195,000 **Options:** a. Home-Based for 65 children 46 weekly home visits of 1<sup>1</sup>/<sub>2</sub> hours per visit, and 24 Socialization experiences offered two times per month for1<sup>1</sup>/<sub>2</sub> -2 hours each b. Center-Based for 10 children

The center is open for 11.5 hours per day, 5 days per week for 220 days per year. Center-Based Option# 1 is available in both classes. Children will attend at least 5 hours per day, 4 days per week. Center Based Option #2 is also available in 2 classes. Children will attend at least 5 hours per day for 5 days per week. In 2015-2016, there were 6 children who typically were enrolled in Center Based

Option# 1 and 4 in Center Based Option#2. The Center Based Option classrooms have two teachers in them with no more than eight children in the classroom. The teachers are required to have a minimum of an Infant and Toddler CDA but the program is highly encouraged and currently does have staff with AA or BA Degrees. Diapers and wipes are provided for all children in the Center-Based option.

#### Pregnant Women Services:

Pre-Natal and Post-Natal RN Visits: A registered nurse visits mothers in their home both before and after they have their babies. The nurse is also available for follow up visits in the home if requested by Home Visitors and parents. The Parents as Teachers Curriculum is used and has specific information for pregnant women. It is called "Partners for a Healthy Baby" Home Visiting Curriculum for Expectant Families.

All 2015-2016 funds were expended. In-kind match requirements were met. Early Headstart continued quality center and home-based services and were acknowledged in writing by the regional office for doing so.An explanation of the agency's efforts to prepare children for kindergarten Starpoint's overall organizational goal is "Partnering with individuals, families and the community, Enriching Lives - Realizing Dreams". Starpoint is a lead ECHO Council Member to assist that the ECHO Early Childhood System provides services and supports to enhance children's physical, social, emotional, and intellectual development; to support parent's efforts to fulfill their parental roles; and to ensure children enter school prepared for school success. We offer early, continuous, intensive, and comprehensive development and family support services on a year-round basis.

#### **Parent Involvement**

Many parent involvement activities were planned specifically for Early Head Start families through the EHS program. These include; group socializations, parent educational workshops, parent committees and meetings, field trips and other opportunities as requested by the parents. Families also had access to other activities through the Fremont County Family Center including playgroups and four times per year Family Events. One Hundred (97) families received a variety of family services such as emergency crisis intervention, housing assistance health education and other needed services. Health Percentage of children with medical/well child checks up to date: 85% Percentage of children with immunizations up to date: 84% Percentage of children who received medical treatment: 100%.

The Fremont County Family Center has been providing parent education and support services to families for three decades. Through a longstanding collaboration with the ECHO & Family Center Early Childhood

Network, parents of children birth to kindergarten age are provided information on child development, community connections and supports. These ongoing services help build parent and child resilience. Throughout the program year 240 individuals have received a variety of services; 87 families with 240 children participated in home visits through the First Steps Parents As Teachers home visitation program. Family Center based playgroups served 46 families with 171 children and 186 child passenger safety seat inspections have been done. Nutrition and exercise classes were delivered to 220 preschoolers. The Family Center engaged 1036 individuals during three community wide events this program year.

#### The Audit

Starpoint's Single Audit Report dated August 23, 2016 for Federal Funds received indicated that there no material weaknesses identified in regards to internal control over major programs (Early Heard Start) and there were no significant deficiency (ies) identified not considered to be material weaknesses. There were no audit findings disclosed that were required to be reported in accordance with section .510(a) of Circular A-133.

#### **Comprehensive Reviews:**

\*\*\*Fiscal/ ERSEA Review by OHS was the week of 3/2/15 resulted in all areas in compliance. Full overview of this report can be reviewed if needed. \*\*\*Comprehensive Services & School Readiness Review by the OHS was the week of 3/14/16 resulted in all areas in compliance. Full overview of this report can be reviewed if needed. The last EHS review was Leadership/Governance and Management systems on 6/23/16 and all areas were in compliance as well.

### **Reflective Supervision (RS):**

All Starpoint Children Services have been implementing a positive practice in 2015 and wanted to share how it is going for us. Reflective Supervision means stepping back from the immediate intense experience of hands on work and taking the time to wonder what the experience really means- Reflective Supervision is not therapy-it is focused on experience, thoughts and feelings directly connected with the work we do. Staff well-being and quality of services go hand in hand. RS is focused on creating an environment where people do their best thinking! Coordinators and Managers who directly supervise individuals have been participating in bi-weekly Reflective Practice and Reflective Supervision sessions. It has been a journey that we have been taking to better ourselves as critical thinkers so we can support the staff in the work they do so they can better support children and families!

"How You Are Is As Important As What You Do" Jeree Pawl

## **Parent Testimonials**

Parents reported:

- \*Always great learning experience
- \*Love how caring everyone is
- \*We love our time with EHS
- \*Amazing program
- \*Information and visits are invaluable and fun

