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Spin North Newsletter...A program proudly brought to you by Starpoint

February 2018

This year is off to a good start! This month many of our classrooms will be talking about friendship and what that looks like which is a skill that will stay with them the rest of their lives.

Also this month we will be **closed** on Monday, February 19 in observance of Presidents day.

"I knew when I met you an adventure was going to happen" Winnie the Pooh



Nicole François, Center Director

Infants:

We have some new friends that have joined our classroom. They are adapting to school life very well!!

Song of the month is Old McDonald.

We are focusing of being soft with friends and what soft touches looks like.

We are asking families to bring socks and shoes daily so our feet are protected when we go outside.

**Mrs. Kathy, Ms. Ashley,
& Ms. Kristin**

Toddlers:

Toddlers march to the sound of their own drum!

We are seeing a lot of toddlers trying to gain independence in their own ways. With this we are going to foster that independence. One this is they are learning when we are done with one plan we need to pick up our toys before we move to another plan.

Several show sympathy to others when they are upset. We encourage the soft touches and sympathy that is offered.

Kiddos grow fast please check cubbies and make sure they fit and that we have extra clothes for them.

Mrs. Danetta & Ms. Kaitlyn

Preschool Room #2

As of January 8th we started a new curriculum. For the next several weeks we will be rebuilding our foundation. We will be focusing on expectations and safety first. They we will begin talking about friendship skills.

Wednesday February 14th we ill be celebrating Valentine's Day with carnival-style games. We will also be creating out own valentines to distribute, so we will just ask for fresh fruit and whipped cream.
Please no candy.

**Ms. Stephanie,
Ms. Sam
& Ms. Brittany**

Preschool Room #3

During this month we will celebrate our friends.

We will continue practicing conflict solution skills and be super friends to each other.

On February 14th we will have a friendship celebration. Stories about friends and yummy treats will be included. More information will be available at a later date.

Take time to ask each other... What is good today ??

**Ms. Christine, Ms. Kristin
& Ms. Mary**

Preschool Room #6

Happy February,

The children are really enjoying the new curriculum. They are getting used to the different areas being limited on the number of children allowed.

The class enjoyed exploring and asking questions about balls which leads perfect into the next study. We will being starting ball study.

If you have any balls you would like to donate please feel free. They do not have to be limited to sports balls.

**Thank you
Ms. Brittany**

MENU

			1) B - ww english muffin w/ jelly, banana, milk L - turkey gravy over mashed potatoes, green beans, mixed fruit, milk S - pretzels and milk	2) B - ww pancakes, applesauce, milk L - mac & cheese w/ ham, peas, bananas, milk S - cottage cheese, pineapple, water
5) B - WG cereal, orange slices, milk L - grilled chicken breast on bun, mixed veggies, peaches, milk S - yogurt, apple slices, water	6) B - ww bagels w/ cream cheese, apricots, milk L - sloppy joes on bun, beets, pears, milk S - trail mix, milk	7) B - oatmeal, pears, milk L - tuna pasta salad, cucumber slices, apple slices, milk S -hard boiled eggs, cheese sticks, water	8) B - scrambles eggs, ww toast, banana, milk L - Johnson's temptation w/ hash browns, ww bread, peaches, milk S - cucumber sandwiches, water	9) B - ww waffles, mandarin oranges, milk L - chili w/ beef, saltines, green beans, orange slices, milk S - celery w/ cream cheese, milk
12) B -ww biscuit & gravy, apple slices, milk L - chicken bacon ranch penne, mixed veggies, apricots, milk S - cheese sandwiches, milk	13) B - ww English muffin w/ cheese, peaches, milk L - beef stroganoff, peas, pears, milk S - pretzel rods w/ cheese sauce, milk	14) B - ww French toast, applesauce, milk L - baked turkey, ww bread slice, mashed potatoes, apple slices, milk S - cauliflower, carrot sticks w/ ranch	15) B - cinnamon ww tortillas, banana, milk L -ham & beans, saltines, peas, pears, milk S -ww toast w/ jelly, milk	16) B - WG cereal, mixed fruit, milk L - tuna noodle casserole, carrot sticks, orange slices, milk S - graham cracker, milk
19) CLOSED	20) B - bagel w/ cream cheese, apricots, milk L - beef tacos w/ lettuce & tomato, corn, peaches, milk S - saltines w/ cheese slices, water	21) B - oatmeal, applesauce, milk L - Hawaiian chicken w/ brown rice, pineapple, cooked carrots, milk S - trail mix, milk	22) B - scrambled eggs, toast, pears, milk L - turkey & cheese sandwiches, banana, cucumber slices, milk S - celery w/ almond butter, milk	23) B - pancakes, banana, milk L -rotini bake, mixed veggies, orange slices, milk S - hard boiled eggs, orange slices, water
26) B - cream of wheat, peaches, milk L - hamburger on bun, tator tots, mandarin oranges, milk S - cottage cheese, pineapple, water	27) B - english muffin w/ sausage & cheese, mandarin oranges, milk L - tuna sandwiches, carrot sticks, apricots, milk S - apple slices w/ cheese slices, water	28) B - biscuits & gravy, bananas, milk L - cheesy chicken and broccoli, ww bread, apple slices, milk S - cinnamon ww tortillas, milk		

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Howdy Northside Families!!!

I'm going to make this for my family this week. It is one of my hubby's favorites. Mixing 2 of our favorite types of foods...Mexican and Italian!

Mexican Manicotti

Ingredients

1 pound lean ground beef

1 can (16 ounces) refried beans

2-1/2 teaspoons chili powder

1-1/2 teaspoons dried oregano

1 package (8 ounces) manicotti shells

2-1/2 cups water

1 jar (16 ounces) picante sauce

2 cups (16 ounces) sour cream

1 cup (4 ounces) shredded Monterey Jack or Mexican cheese blend

1/4 cup sliced green onions

Sliced ripe olives, optional

Directions

1. In a bowl, combine the uncooked beef, beans, chili powder and oregano. Spoon into uncooked manicotti shells; arrange in a greased 13-in. x 9-in. baking dish. Combine water and picante sauce; pour over shells. Cover and refrigerate overnight..

2. Remove from the refrigerator 30 minutes before baking. Cover and bake at 350° for 1 hour. Uncover; spoon sour cream over the top. Sprinkle with cheese, onions and olives if desired. Bake 5-10 minutes longer or until the cheese is melted.

Yield: 8 servings.

Until next month,

Your Northside Cook Ms. Tina