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**Spin Preschool Newsletter...A program proudly brought to you by Starpoint**



**2018**

### **Messages**

**Welcome to Summer time at SPIN! All the classrooms are planning fun summertime activities! Please be aware that the children do spend a lot of time outside this time of year. Please be sure that your children have sunblock to wear every day! I know many classrooms are asking for donations. Sun protection is very important! Hope you all have a happy and safe summer!**

**Thank You, Misty Hinkle, Center Director**

### **Infant Room**

**It is getting warm outside. The infants are starting to notice the weather change and watching through the windows. Caregivers are talking to them about the weather changes: the wind blowing, rain falling, and the sun shining. Wild life have come a little closer to eat in the grass. The infants are really interested in the deer and birds. We have begun to do warm day stroller rides around the parking lot and all the infants seem to enjoy it. On shady afternoons we may venture out and play in the grass.**

**Thank You,  
Kris, Michelle, Pam**

### **Toddler Room**

**The month of June is here, and along with it a lot of warm weather. We will begin having water days every Thursday. Please bring in a towel, swimsuit, and swimmers, so that we can have fun in the water. We are also asking for donations of sunscreen for our classroom. We do go outside twice a day, so we tend to go through a lot. Please look in your child's cubby to be sure they have extra clothes. Have a Happy Father's Day to all you Dads!**

**Thank You,  
Karen, Angie, Pam**

### **Purple Room**

This month we will be beginning a study on exercise. The children will be learning the mechanics of movement, nutrition, and how to use special equipment. During the summer months, we will be staying cool by having water days. These will be scheduled every Monday and Wednesday. Please be sure that your child has their name on their swim wear.

Thank you,  
Hannah and Nikki

### **Orange Room**

Hello summer! We will be doing a science/weather study on extreme weather. We will continue working on social and emotional skills. We will also focus on playing together and asking nicely. As the weather gets hotter, we will be doing water days every week, Mondays and Wednesdays. Please make sure child has a swim suit, towel, and little swimmer diapers (if not yet fully potty trained). Donations of sunscreen is always appreciated as we go outside twice a day.

Thank You,  
Patti and Ashley

### **School Age**

Welcome to the 2018 school age group! I am so excited to start this summer off with new and old faces! This summer we will be doing a couple new things. We have decided to put together some age appropriate "minute to win it" games. We will be taking two field trips, one to the fire station for a tour and the other to the 4-H county fair. We will also be watching some movies and having show and tell. We will be doing water days every Tuesday and Thursday, so please bring sunscreen swim suits and towels. Please put names on everything! Per your parent handbook "We are not responsible for anything that is lost stolen or broken". If your kids are going to bring electronics please know that they only get to play on them for an hour and a half and then they will be put away for the rest of the day. Let's have a great summer!

Thank You,  
Savanna, Amy, Mary

### **Green Room**

Welcome all to the summer program, we're excited to be spending a few more weeks with you. Over the summer we will keep up with some of the routine the kiddos are used to, however we do a lot of play this time of year. Ms. Amy and I will be coming up with multiple activities for them to do as well as spending quite a bit of time outside. If you have any questions please let us know.

Thank You,  
Amy and Nina

## Making Kids Water Wise

It's important to teach your kids proper pool and spa behavior, and to make sure that you take the right precautions, too. Let kids know that they should contact the lifeguard or an adult if there's an emergency.

Kids shouldn't run or push around the pool and should never dive in areas that are not marked for diving. If the weather turns bad (especially if there's lightning), they should get out of the pool immediately.

Above all, supervise your kids at all times. Don't assume that just because your child took swimming lessons or is using a flotation device such as an inner tube or inflatable raft that there's no drowning risk. If you're at a party, it's especially easy to become distracted, so designate an adult who will be responsible for watching the children. If you leave your child with a babysitter, make sure he or she knows your rules for the pool.

Seconds count when it comes to water emergencies, so take a cordless phone with you when you're watching kids during water play. A quick-dial feature keyed to 911 or your local emergency center will also save additional seconds. If you receive a call while supervising kids, keep your conversation brief to prevent being distracted.

Once you've installed all your safety equipment, review your home for water hazards and plan what to do in an emergency. Learn [CPR](#) (other caregivers should learn it, too) and make sure you have safety equipment, such as emergency flotation devices, that are in good shape and are close at hand when boating or swimming.

Post emergency numbers on all phones and make sure all caregivers are aware of their locations. After your kids are finished playing in the pool for the day, be sure to remove all pool toys and put them away. Children have drowned while trying to retrieve playthings left in the pool.

Keep water safety a priority, even after the swim season is over. Pools with covers are not safe; many kids try to walk on top of pools during the winter months and may get trapped underneath a pool cover.

In addition, icy pools, ponds, and streams are tempting play areas for kids, so keep your pool gates locked and teach your kids to stay away from water without your supervision. If you have an above-ground pool, it's wise to always lock or remove the ladder when the pool is not in use.

<https://kidshealth.org/en/parents/water-safety.html>

# SPIN Early Care and Education Center June 2018 Menu

				1) <b>B</b> - ww french toast, applesauce, milk <b>L</b> - pizza joes on bun, green beans, mixed fruit, milk <b>S</b> - celery w/ cream cheese, milk
4) <b>B</b> - yogurt parfaits w/ granola, pineapple, milk <b>L</b> - mac & cheese w/ ham, corn, apricots, milk <b>S</b> - trail mix, milk	5) <b>B</b> - cream of wheat, peaches, milk <b>L</b> - Tuna salad sandwiches, apples, cucumbers, milk <b>S</b> - goldfish, milk	6) <b>B</b> - scrambled eggs, bananas, milk <b>L</b> - chicken broccoli pie, mixed fruit, bread slice, milk <b>S</b> - cottage cheese, pineapple, water	7) <b>B</b> - WG cereal, apples, milk <b>L</b> - beef stroganoff, green beans, pears, milk <b>S</b> - ww tortillas w/ cheese slices, water	8) <b>B</b> - WW waffles, oranges, milk <b>L</b> - chili mac w/ beans, beets, cooked carrots, milk <b>S</b> - graham crackers, milk
11) <b>B</b> -ww english muffins w/ sausage and cheese, pears, milk <b>L</b> -WG spaghetti w/ meat sauce, corn, mixed fruit, milk <b>S</b> - saltines w/ cheese slice, water	12) <b>B</b> - ww bagels w/ cream cheese, mandarin oranges, milk <b>L</b> - chicken pasta salad, peaches, carrot sticks, milk <b>S</b> - cauliflower, carrot sticks w/ ranch, water	13) <b>B</b> - WG cereal, bananas, milk <b>L</b> - baked ham w/ pineapple, saltines, peas, milk <b>S</b> - cucumber sandwiches, water	14) <b>B</b> - oatmeal, applesauce, milk <b>L</b> - turkey gravy, mashed potatoes, beets, bread slice, milk <b>S</b> -hard boiled eggs, oranges, water	15) <b>B</b> - pancakes, apricots, milk <b>L</b> - Tuna pasta casserole, peas, applesauce, milk <b>S</b> - pretzel rods w/ cheese sauce, milk
18) <b>B</b> -WG cereal. Apples, milk <b>L</b> - baked ham, mashed potatoes, ww bread, mixed veggies, milk <b>S</b> - saltines, carrot sticks w/ ranch, water	19) <b>B</b> - Ww biscuits and gravy, bananas, milk <b>L</b> - chicken salad sandwiches w/ cranberries, oranges, cucumbers, milk <b>S</b> - pretzels, milk	20) <b>B</b> - ww english muffins w/ cheese, mixed fruit, milk <b>L</b> -beef and broccoli, pears, saltines, milk <b>S</b> - apples, cheese slices, water	21) <b>B</b> - cream of wheat, pears, milk <b>L</b> -chicken parmesan over WG noodles, cooked carrots, apples, milk <b>S</b> - cinnamon toast, milk	22) <b>B</b> - ww waffles, oranges, milk <b>L</b> -turkey roll-up w/ tomatoes, lettuce, cucumbers, peaches, milk <b>S</b> - graham crackers, milk
25) <b>B</b> - scrambles eggs, peaches, milk <b>L</b> - beef sheppards pie, mixed veggies, mandarin oranges, bread slice, milk <b>S</b> - cottage cheese, pineapple, water	26) <b>B</b> - ww cinnamon toast, bananas, milk <b>L</b> - chicken enchilada casserole, corn, apples, milk <b>S</b> - cheese sandwiches, water	27) <b>B</b> -bagels w/ cream cheese, apricots, milk <b>L</b> -tuna pasta salad, carrot sticks, bananas, milk <b>S</b> - yogurt, apple slices, water	28) <b>B</b> - WG cereal, pineapple, milk <b>L</b> -ham and beans, saltines, green beans, peaches, milk <b>S</b> - trail mix, milk	29) <b>B</b> - ww biscuits & gravy, mixed fruit, milk <b>L</b> - Indian corn w/ beef, corn chips, oranges, milk <b>S</b> - celery w/ cream cheese, milk

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(1) Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;

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(3) Email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

\*\*All milk served to participants is unflavored, all participants 2 years and older are served low-fat (1%) milk and children under 1 year old are served whole milk