

***Spin Preschool Newsletter…A program proudly brought to you by Starpoint***

**![](data:None;base64,)**

***2019***

**Messages**

**Welcome back to those of you that were on break for the Holiday season. I would like to give one reminder, please be sure that each child has appropriate clothing to go outside in. They will continue to go outside daily, even if there is snow on the ground. Thank You, Misty Hinkle-Center Director**

**Infant Room**

**It’s a brand new year and the children have been really growing! We now have walkers, crawlers, and rollers. Just a reminder, we still need family pictures to hang up in the room. The children really enjoy looking at them when they are here. Thank You for allowing us to be a part of their lives.**

**Kris, Angie, Pam**

**Toddler Room**

**Happy New Year to all our families. We hope you all had a wonderful holiday season. We will be going outside on most days to play and explore, please be sure that your child is dressed for the cold weather. This month we will really be working hard on soft touches and what to do when we are frustrated.**

**Thank You,**

**Michelle and Karen**

**Orange Room**

**Happy New Year! With the new year comes a new study. Watch for more information in the days to come. We will continue working on our problem solving skills.**

**Please make sure that your child has a winter coat, hat, and gloves. We do go outside every day and it has been quite chilly lately.**

**Thank You,**

**Patti and Nikki**

**Purple Room**

**Welcome 2019! This January we will be continuing on “Clothing”. We will be looking at different kinds of fabrics and comparing them. Welcome back Mrs. Hannah from maternity leave. Also, Miss Kaylee will be missed, but we will be seeing here around still as she will be working in every room throughout the building.**

**Thank You,**

**Hannah and Bethany**

Ms. Lorene

**Green Room**

**Welcome back, Happy New Year. Hope everyone enjoyed the holidays and their break. As we start the New Year we will be saying goodbye to some friends and welcoming new ones. We will also be saying goodbye to Ms. Felicia and a new teacher will be coming into the classroom.**

**The new study we are starting is the exercise study. Our letters for this month are K, L, and M and numbers 10-20. We will also be reviewing what we have learned so far. If you have any questions please come and see us. Let’s have a great year in 2019.**

**Ms. Savanna and Ms. Nina**

**Yellow Room**

**Happy New Year! Welcome back, hope everyone had a great holiday break. As we kick off the New Year, we will review our classroom expectations. We will also review our problem solving skills.**

**Just a reminder that we do go outside every day. Please be sure that your child is dressed for these cold winter days.**

**Thank You,**

**Amy and Kim**

# Letter Writing Tray

**Ages: 3 and up**  
  
Here's a great way to help your tot get a feel for writing — no paper or pencil required! First, sprinkle a thick layer of **cornmeal** over the bottom of a **rimmed baking sheet,** then show her how to write letters with one or two fingers. When she's ready to start over, gently shake the sheet to erase the letters. Store the cornmeal in a **ziplock bag** when not in use.

# Sound Search

**Ages: 2-1/2 and up**  
  
Clue your child into phonetics with this educational twist on hide-and-seek. To play, gather up a handful of **objects that start with the same letter,** such as a banana, boat, boot, and ball. Talk with your little one about the sound that the objects start with (in this case, "buh"), and then have her close her eyes while you "hide" them around the room. Now make the sound of the letter ("buh buh buh") and challenge your child to find everything in the room that starts with that sound.

# Letter Portraits

**Ages: 4 and up**  
  
Draw a large letter on a piece of **paper,** then give your child **colored pencils or crayons** and have her turn the letter into a portrait of something else. A lower-case "m" might become a camel, for example, or an upper-case "B" could change into a butterfly. For extra credit, tell older kids they can draw only objects that start with the letter on the paper.

January 2019 Menu

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **1)**  **Closed** | **2) B-**scrambled eggs,apple slices, milk  **L-** Cowboy grub, mixed fruit, WW bread, milk  **S-** trail mix, milk | 3)**B-**cream of wheat, peaches, milk  **L-**Tuna noodle casserole, peas, orange slices, milk  **S-** cauliflower & broccoli w/ ranch, water | 4)**B**- pancakes, mixed fruit, milk  **L**-ham & beans, cooked carrots, bananas, crackers, milk  **S**- cottage cheese, pineapple, water |
| 7)**B**-cereal, peaches, milk  **L-** Mac & Cheese w/ ham, green beans, pears, milk  **S**- apples w/ cheese slice, water | 8)**B**- oatmeal, applesauce, milk  **L**- chicken salad sandwiches /cranberries, carrots sticks, orange slices, milk  **S**- oranges, cheese stick, water | 9)**B-** WG tortilla w/ cinnamon, bananas, milk  **L**- Red beans and rice, cooked carrots, mixed fruit, milk  **S**- cucumber sandwiches, water | 10)**B**-WG waffles, apricots, milk  **L**- enchilada casserole w/ corn tortillas, corn, pears, milk  **S**- pretzels and milk | 11)**B**- cream of wheat, mixed fruit, milk  **L**- chicken &brown rice, beets, pears, milk  **S**- celery sticks w/ cream cheese, milk |
| 14)**B**-WG english muffin w/ cheese slice, mandarin oranges, milk  **L**- Tuna Pasta salad, peas, applesauce, milk  **S**- goldfish and milk | 15)**B**- French toast, pears, milk  **L**-Johnson’s Temptation w/ hash browns, ww bread, mixed fruit, milk  **S**- hardboiled eggs, orange slices, water | 16)**B**- WG biscuit & gravy, peaches, milk  **L**-spaghetti w/meat sauce, green beans, bananas, milk  **S**- yogurt, apple slices, water | 17)**B**- cream of wheat, orange slices, milk  **L**- bean & cheese burritos, corn, pears, milk  **S**- cottage cheese, pineapple, water | 18)**B**-cereal, apple slices, milk  **L**- Beef & broccoli w/ brown rice, mandarin oranges, milk  **S**- apricots, saltines, water |
| 21)**B**- WG waffles, applesauce, milk  **L**- baked ham w/ pineapple, peas, WW bread, milk  **S**-saltines with cheese slices, water | 22)**B-** oatmeal, peaches, milk  **L**- Indian corn w/ corn chips, apricots, milk  **S-** graham crackers, milk | 23)**B**- WG english muffin w/ sausage, bananas, milk  **L**- WG chicken nuggets, tator tots, apple slices, milk  **S**- cauliflower, carrot sticks w/ ranch, milk | 24)**B-** WGcereal, apple slices, milk  **L-** Turkey rollups w/ lettuce & tomato, apple slices, corn, milk  **S-** pretzel rod w/ cheese, milk | 25)**B-**wwtoast w/ cinnamon, banana, milk  **L-** chicken mushroom noodle casserole, mixed veggies, mandarin oranges  **S-** trail mix, milk |
| 28)**B**- cream of wheat, pears, milk  **L-** pizza joes on bun, tator tots, apple slices, milk  **S**- yogurt, peaches, water | 29)**B**- scrambled eggs, ww toast, mixed fruit, milk  **L-** chicken pasta salad, beets, apricots, milk  **S**- celery sticks w/ cream cheese, milk | 30)**B**- ww French toast, applesauce, milk  **L**- tuna salad sandwiches, cucumbers, orange slices, milk  **S**- hardboiled eggs, cheese stick, water | 31) **B-**yogurt parfaits, peaches, milk  **L-** beef Spanish rice, mixed veggies, peaches, milk  **S-** cheese slice, ww tortilla, water |  |

**The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual’s income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the department. (Not all prohibited bases will apply to all programs, the first 6 protected basesof race, color, national origin, age, disability and sex are the 6 protected bases for applicants and recipients of the child nutrition programs.)**

**If you wish to file a civil rights program complaint of discrimination, complete the USDA program discrimination complaint form, found online at** [**http://www.ascr.usda.gov/complaintfilingcust.html**](http://www.ascr.usda.gov/complaintfilingcust.html)**, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Ave., S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at** [**program.intake@usda.gov**](mailto:program.intake@usda.gov)**. For individuals who are deaf, hard of hearing, have speech disabilities may contact USDA through the federal relay service at (800) 877-8339; (800) 845-6136 (Spanish)USDA is an equal opportunity provider and employer**

\*\*All milk served to participants is unflavored, all participants 2 years and older are served low-fat (1%) milk and children under 1 year old are served whole milk