

***Spin North Newsletter…A program proudly brought to you by Starpoint***

##### December 2018

 As we look back on the year we would like to thank all of our families for letting us be a part of your children’s lives. With the weather constantly changing please make sure your child has appropriate clothing as we do go outside every day, even if there is snow.

 There will be a couple of closures this month so please look at the calendar and check with your child’s teacher with any questions you may have.

“Snow provokes responses that reach right back to childhood. – Andy Goldsworthy

**Nicole Francis, Center Director**

**Infants:**

Happy Holidays!

 Parents, we hope you have a Merry Christmas and a Happy New Year.

 If you haven’t, please bring in clothing that will fit and be weather appropriate. If you have thank you!

 We would also like to remind you to bring in some family pictures for our family tree.

 Our song of the month is “Happy and you know it.”

 Mrs. Alicia & Ms. Kaitlyn

**Toddlers:**

 Our song of the month is *Snowflakes* (sung to Twinkle, Twinkle Little Star).

 This month we will be working on emotions. We will be helping the children identify their emotions as well as the emotions of their friends.

 Please check your child’s cubby and update the clothing to match the ever changing Colorado weather.

 Please make sure you are sending your child with shoes, coat, hat and gloves as we do go outside EVERYDAY!

 Mrs. Kathy & Ms. Adriana

**Preschool Room 2:**

December already? Our class will be finishing the clothes study and wow it’s been so much fun! The clothes study was the perfect opportunity for kids to learn how to dress for the weather. So please help to make sure they bring proper clothing.

Hmmmm? I wonder what study we will be working on next?

Thank you parents and families for supporting your child’s learning. It is the foundation for their future!

Mrs. Karen & Ms. Kristin

 Ms. Lorene

**Preschool Room 3:**

This has been a great year of Preschool. Despite all the changes that have taken place in Room 3 we have seen lots of growth in your child.

This month we will be finishing up the Simple Machines study and starting the Reduce, Reuse, and Recycle study. This study will be a variety of “items” children find at home that get thrown away so please feel to donate. Specifics will come later.

I will be creating a family album for our children to view in the classroom. In order to do so I need a few pictures of each family so please bring some in. Keep in mind they may get ruined so please do NOT supply originals.

Ms. Brittany & Miss. Siddie

**Preschool Room 6:**

Wow, what a fun and exciting month November has been. I would like to thank everyone for the warm welcome to Room 6! It has been a great transition for the children and myself.

I would also like to thank everyone for helping with our yummy fruit salad!

During the month of December both classes will be doing the tubes and tunnels study.

On December 20th and 21st we will have our winter celebration. More information and a sign-up sheet will be available on December 10th.

No preschool December 24th through January 4th. Preschool will resume on January 7th.

Mrs. Christine

SPIN NORTH EARLY CHILDHOOD CARE AND EDUCATION CENTER

December Menu

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 3)**B**- ww cinnamon toast, apple slices, milk **L-** chicken & brown rice, mixed veggies, oranges, milk **S**- cottage cheese, ww saltines, water  | 4)**B**-cream of wheat, pears, milk **L**- beef stroganoff, green beans, orange slices, milk **S**-WG graham crackers, milk  | 5)**B-**WG waffles, applesauce, milk **L**- mac & cheese w/ ham, peas, mixed fruit, milk **S**-cauliflower with ranch, cheese stick, water  | 6)**B**- WG cereal, apple slices, milk **L**- Sheppard’s pie, mixed veggies, pears, ww saltines,  milk  **S**- cucumber sandwiches, water  | 7)**B**- ww French toast, peaches, milk **L**- Chicken bacon ranch WG penne, corn, banana, milk **S**-ww saltines w/ cheese slices, water  |
| 10)**B**-oatmeal, peaches, milk **L**- tator tot casserole, ww saltines, green beans, mixed fruit, milk **S**- hard boiled eggs, carrot sticks, milk   | 11)**B**- ww pancakes, applesauce, milk **L**- chicken nachos, chili beans, lettuce, tomato, cheese sauce, corn, pears, milk **S**-cheese sandwiches, water  | 12)**B**-ww cinnamon tortilla, banana, milk **L**- Ham & cheese sandwich, cucumber slices, carrot sticks, milk **S**- goldfish, milk   | 13)**B**- scrambled eggs, ww toast, pears, milk **L**- tuna pasta salad, peas, mixed fruit, milk **S**-trail mix, milk   | 14)**B**- WG cereal, apples, milk **L**-beef and broccoli w/brown rice, mixed fruit, milk **S**- yogurt, peaches, water   |
| 17)**B**- bagels w/cream cheese, peaches, milk **L**- Chicken noodle casserole, mixed veggies, mandarin oranges, milk **S**- hard boiled eggs, mixed fruit, water  | 18)**B-** cream of wheat, pears, milk **L**- chili w/beef, ww saltines, cooked carrots, apples, milk **S-** cottage cheese, pineapple, water  | 19)**B**-cereal, bananas, milk **L**-Indian corn w/ beef, corn chips, pears, milk **S**-apples, cheese slices, milk  | 20)**B-** ww english muffin w/sausage, banana, milk **L-** turkey gravy, mashed potatoes, green beans, ww bread slice, milk **S-**ww tortillas, cheese slice, water | 21)**B-** WG waffles, applesauce, milk **L-**johnson’s temptation w/hashbrowns, ww bread, mixed fruit, milk  **S-**celery w/ cream cheese, oranges, water   |
| 24)   **Closed**   | 25)  **Closed**   | 26)**B**-WG biscuits & gravy, banana, milk **L-** WG grilled cheese, carrot sticks, peaches, milk **S**- ww graham crackers, milk  | 27)**B**-yogurt parfaits, granola, peaches **L**-WG chicken nuggets, tator tots, pears, milk **S**- graham cracker w/ almond butter, milk  | 28)**B-** bagels w/ cream cheese, banana, milk **L-** cheesy chicken & broccoli casserole, slice ww bread, mixed fruit, milk **S-**goldfish, milk  |
| 31)**B**- WW English muffin w/ jelly, apricots, milk **L**-Hamburger on bun, French fries, peaches, milk **S**-celery w/ almond butter, milk  |   |   |   |   |

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​ Howdy Families!

 Happy Holiday Season. I hope you have lots of fun things planned to do with your kiddos. I don’t know about you, but my family is a peanut loving bunch. My oldest son requested this a few years back and has been a hit since.

**Decadent Peanut Butter Pie**

Total Time: 15 Minutes Yields: 1 pie (10-12 slices)

Ingredients:

 1 cup Jiff Creamy peanut butter

 1 (8oz.) package cream cheese, softened

 ½ cup sugar

1 (12oz.) container (4 1/2 cups) frozen whipped topping, thawed and divided

1 prepared chocolate pie crust

1 (11.75 oz.) jar Smuckers Hot Fudge Topping

Directions:

 BEAT together 1 cup peanut butter, cream cheese and sugar in large bowl with an electric mixer on medium, until well combined. Spoon mixture into pie shell. Using a spatula, smooth mixture to edges of pie.

 RESERVE 2 tablespoons of hot fudge topping into the corner of a resalable food storage bag; set aside. Microwave remaining topping on HIGH (100% power) for 1 minutes. Stir. Spread topping over pie, covering entire peanut butter layer. Refrigerate until set. Spread remaining whipped topping ( 1 ½ cups), over hot fudge layer, being careful not to mix the two layers.

 CUT a small corner from bag containing topping. Squeeze bag to drizzle topping over pie. Place remaining 2 tablespoons peanut butter in a resalable food storage bag; cut bag corner and squeeze to drizzle in opposite direction from topping. Refrigerate until ready to serve.

 It has been brought to my attention that the recipe from our Chicken Salad Sandwiches has been asked for so here it is.

 **Chicken Salad Sandwiches**

Ingredients:

 3 cups cooked chicken (or leftover turkey)

 1 cup dried cranberries

2 stalks of celery diced

½ cup mayo

Pepper to taste

Directions:

 Just mix and use as a filling for the sandwich or on top of baby spinach for a healthier meal.

Enjoy!! Till next time…

Tina Cook your Northside Cook!!