

***Spin Preschool Newsletter…A program proudly brought to you by Starpoint***



***2019***

**Messages**

**I hope everyone enjoyed their Spring Break! The end of the school year is coming quickly. For those that are getting to graduate, we have begun preparations for graduation. Please be on the lookout for more information in the future. Fairy Tale Night is almost upon us. It is scheduled for April 4th from 6:00-7:00. Hope to see you there!**

**Thank You, Misty Hinkle, Center Director**

**Infant Room**

**Wow! Spring has come quickly! With spring, we look forward to new adventures! Our babies will get to spend some time outside when the weather is nice! Please make sure if your child can walk and crawl that he/she has a jacket and shoes every day so that we can go outside!!**

**Ms. Kris, Ms. Angie and Ms. Pam**

**Toddler Room**

**April is here and we are ready for spring. We will be exploring the color yellow. We will also be exploring bubbles indoors and outside.**

**We will be working on identifying our emotions of happy, sad and tired. We will also be working on giving our friends space when he/she is upset.**

**Thank you for sharing your child with us.**

**Ms. Michelle and Ms. Karen**

 **Orange Room**

**We will be concluding the building study this month. We will have a party to celebrate, so be on the lookout for more information as we get closer to the date.**

**The children have chosen the insect study to do next.**

**We will be working on the problem solving skills of getting a timer and asking nicely.**

**The time has come to start using sunscreen. Donation of lotion type sunscreen are always appreciated.**

**Ms. Patti and Ms. Nikki**

**Purple Room**

**We will be continuing the simple machine study. We also be starting the practice for graduation, which is coming up on May 21st.**

**We are starting to spend more time outside as the weather is warming up. Donations of lotion type sunscreen are greatly appreciated.**

**Ms. Hannah and Ms. Kaylee**

 Ms. Lorene

**Green Room**

**Welcome Spring, we made it. With spring comes activities. Fairy Tale night is the 4th and Safety Town is the 17th and 18th.**

**We will be working on letters T, U and V. We are also starting a new study, "The Kindergarten Study", to help with the transition to Kindergarten. With graduation around the corner plans are getting made and the children will begin practicing.

Thank You,
Ms. Savanna, Ms. Nina, and Ms. Carol**

**Yellow Room**

**It’s getting warmer outside, so we will be spending extra time outside. If you have a specific lotion type sunblock for your child, please bring it in.**

**We will be finishing up the clothing study and as celebration will be making tie dyed shirts. If you have not already brought in a white shirt for your child, please do so. If you cannot get a shirt, please contact Amy.**

**We will finish the year off with the tree study and do some seed planting.**

**Thank You,**

**Ms. Amy and Ms. Kim**

Activities for Home

Now is a great time to start some nature time activities outside. Children love to explore and learn about the world around them. Here are some ideas to get Spring started.

1. **Plant a garden:** You can't get closer to nature than feeling dirt squish in between your fingers. Even children who prefer to suck their green thumb can start their own flower or vegetable garden with mommy's help. Growing plants together is also an excellent lesson on how nature works without your kids feeling like they're in school. Fun in the garden goes beyond digging in the ground. Capture your children's handprints in [garden stepping stones](http://familycrafts.about.com/cs/steppingstones/a/040201a.htm) for a keepsake that will last long after the flowers and vegetables are gone.
2. **Bird Watching:** Create your own binoculars using two empty toilet paper rolls. Keep a journal on all the different types of birds that you find. What does their call sound like and what color are they?
3. **Go camping in the back yard:** Pitch a tent. Tell stories, sing songs and pretend you're hundreds of miles from civilization.

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Spin Early Care and Education Center April 2019 Menu

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| --- | --- | --- | --- | --- |
| 1)**B-**oatmeal, mixed fruit, milk**L-** chicken salad sandwiches w/ cranberries, cooked carrots, apple slices, milk**S-**yogurt, peaches, water | 2) **B-**ww cinnamon tortilla, banana, milk**L-**mac and cheese w/ beef, green beans, apricots, milk**S-**celery w/ cream cheese, pears,water | **3) B-** ww english muffin w/ sausage and cheese, orange slices, milk**L-**chicken bacon ranch penne, cucumber slices, apricots, milk**S-** cottage cheese, pineapple, water | 4) **B-**ww french toast sticks, pears, milk**L-**baked ham w/ pineapple, mixed veggies, ww bread, milk**S-** apple slices, cheese **sticks**, water | 5) **B-**WW biscuits and gravy, bananas, milk**L-** tuna noodle casserole, peas, mixed fruit, milk**S-**carrot sticks, celery w/ ranch, milk |
| 8) **B-**WG cereal, orange slices, milk**L-**pizza joes on bun, corn pears, milk**S-** saltines, cucumber slices, water | 9) **B-**scrambled egg w/ tortilla, banana, milk**L-**tuna salad sandwiches, carrot sticks, cucumber slices, milk**S-** cottage cheese, peaches, water | 10) **B-**WG pancakes, applesauce, milk**L-** grilled chicken breast on bun, french fries, mixed fruit, milk**S-**hard boiled eggs, cheese, water | 11) **B-**yogurt parfaits w/ granola and pears, milk**L-**Hawaiian Chicken w/ pineapple, cooked carrots, milk**S-**trail mix and milk | 12) **B-**WW bagels w/ cream cheese, orange slices, milk**L-**Ham and cheese rollups w/ lettuce &tomato, apple slices, carrot sticks, milk**S-** cauliflower, broccoli w/ ranch, water |
| 15) **B-**oatmeal, peaches, milk**L-**tuna pasta salad, cucumber slices, pears, milk**S-**graham crackers, milk | 16) **B-**WG waffles, apricots, milk**L-**chili mac w/ beans, peas, mixed fruit, milk**S-**cucumber sandwiches, water | 17) **B-ww** toast w/ jelly, applesauce, milk**L-** spaghetti w/ meat sauce, corn, banana, milk**S-**celery w/ cream cheese, milk | 18) **B-**WG cereal, apple slices, milk**L-**turkey sandwiches, orange slices, mixed veggies, milk**S-**corn chips, cheese sauce, milk | 19) **B-**WW french toast sticks, apricots, milk**L-**cheesy chicken & broccoli casserole, ww bread, peaches, milk**S-**pretzel twists, milk |
| 22) **B-**WG english muffins w/ jelly, mixed fruit, milk**L-**bean and cheese burritos, cooked carrots, orange slices, milk**S-**hard boiled eggs, cucumber slices, water | 23) **B-** cream of wheat, peaches, milk**L-**chili w/ beef, saltines, green beans mandarin oranges, milk**S-**goldfish and milk | 24) **B-**ww bagels w/ cream cheese, pears, milk**L-**chicken noodle casserole w/ mixed veggies, peaches, milk**S-**carrot sticks, pears, water | 25) **B-**WW biscuits and gravy, mixed fruit, milk**L-**tator tot casserole, crackers, corn, apple slices, milk**S-**tortilla w/ cheese slice, water | 26) **B-**WG pancakes, applesauce, milk**L-**tuna sandwiches, cucumber slices, orange slices, milk**S-**trail mix, milk |
| 29) **B-**WG cereal, apricots, milk**L-**indian corn w/ corn chips, banana, milk**S-**yogurt, graham crackers, water | 30) **B-**scrambled eggs, peaches, milk**L-**baked turkey, mashed potatoes, beets, bread, milk**S-**carrots sticks, cauliflower w/ ranch, milk |  |  |  |

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\*\*All milk served to participants is unflavored, all participants 2 years and older are served low-fat (1%) milk and children under 2 year old are served whole milk