

***Spin Preschool Newsletter…A program proudly brought to you by Starpoint***

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***2019***

**Messages**

 **Hope everyone has had a wonderful first month of Preschool. Now that Fall is here days will start to feel a little cooler. Please be sure that your children bring a jacket with them. They will continue to spend time outside daily.**

**Don’t forget the Fall Festival on October 24TH 5:00-7:00 at the Abbey.**

**Infant Room**

**Hello Fall! The month of October is already upon us. Please remember a light jacket for your child on cooler days as the weather changes.**

**Our class will be working on soft touches this month. Our babies are walking, crawling, and learning to sit up.**

**Please check to see if your child has extra clothes in their cubby.**

**Ms. Kris, Ms. Karen and Ms. Pam**

**Toddler Room**

It’s fall!! Please make sure your child has an appropriate jacket, we go outside every day.

We have been enjoying watching the weather change and all the bugs and leaves.

Thank you for answering the family questions.

Ms. Angie and Ms. Allie

**Purple Room**

We will continue our pet study. We will be learning about pets’ habitats and the types of food they eat. The study will conclude at the end of the month. We will be having a pet food and supply drive to help celebrate our learning. The donations will be taken to the Humane Society. Look for more information as it gets closer.

Our next problem solving objective will be saying please. We will also talk about how to use our words when we want a toy or to take a turn.

Ms. Patti and Ms. Kaylee

 Ms. Lorene

 **Orange Room**

We have been doing the tree study for the last couple weeks. Some of our lessons to come will involve some cooking fun. Please feel free to collect different tree items (leaves, pine cones, pine needles, etc) for us to look at and use for projects.

Please talk to the teachers if you have any questions or concerns. Here is to a wonderful spooky October.

Ms. Terri and Ms. Courtney

**Green Room**

Fall is here! Can't believe the year is almost over, it has flown by. With the weather cooling off, just a reminder to please bring in a jacket for those cooler mornings.
This month we will be starting a new study and letters E, F, G and H.
We will also be having a Halloween party, more info on that later. If you have any questions please come and see us.

Thank you,
Ms. Nina and Ms. Savanna

### Yellow Room

October is here!!! We have began our first study. The children are really enjoying learning about insects and participating in some fun activities. We will continue this study all month.

Halloween is also this month and we have decided to have a party to celebrate the end of our insect study. The party will be on Wednesday, Oct 30. Watch for a sign-up sheet as the day gets closer.

Thank you for sharing your child with us.

Ms. Bethany and Ms. Autumn

**Activities: Pedestrian Safety**

1. Learning to stay in the yard is important for all children. Walk the perimeter of what you deem acceptable "play space" for your child so they can visually see the boundaries. Also, make a large red STOP sign and lie it flat at the end of the driveway or use inexpensive orange cones (any sports shop will sell them) to give visual cues at to what is out of bounds. Hide items in the yard and have a "treasure hunt". Put a few items outside the accepted play space to test understanding of the boundaries.

2. Since sidewalks come in many colors and appearances, be sure your child knows what a sidewalk looks like in their neighborhood. Take a walk and make a game out of staying on the sidewalk.

3. Set your own rules based on your child's age, development and ability as to whether they must hold hands or not when crossing a street.

4."Left, right, left" is an important concept, but can be meaningless without full understanding of why we do this. Be sure your child understands that they are checking to see that the street is clear before crossing. Be sure they are keying in on some concrete object down the street to the left, and right, and ask if they see cars coming and hear cars coming. Even young children need to know that not all drivers follow the rules...they must be a safe walker!

5. Practice with all street signs and combinations that your child comes in contact with.

**SPIN EARLY CHILDHOOD CARE AND EDUCATION CENTER**

**October 2019**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | 1)**B**- WG cereal, bananas, milk**L**- Macaroni & Cheese w/beef, green beans, mandarin oranges, milk**S**- cucumber sandwiches (WG bread), water | 2)**B**-WG French toast, apricots, milk**L**- Chicken Parmesan, corn, pears, WG bread, milk**S**-WG cinnamon toast, milk  | 3)**B**- scrambled eggs, WG toast,apricots, milk **L**- turkey gravy over mashed potatoes, WG.bread, mixed fruit, milk**S**- saltines, cheese sticks, water | 4)**B**- oatmeal, mixed fruit, milk **L**- sloppy joes on WG bun, French fries, pears, milk**S**- yogurt, peaches, water |
| 7)**B**- WG pancakes, orange slices, milk **L-** Tuna Salad Sandwich on WG bread, cucumber slices, carrot sticks, milk**S**- Graham Crackers, Applesauce, water | 8)**B**-WG bagel w/ cream cheese, apples, milk**L**- Turkey & Cheese roll ups w/ WG tortilla, green beans, bananas, milk**S**-celery w/ almond butter, saltines, water | 9)**B-** WG toast w/jelly, apricots, milk**L**- Tator tot casserole w/beef, mixed veggies, saltines, milk**S**-soft pretzels w/ cheese sauce, milk | 10)**B**- WG biscuits & gravy, mandarin oranges, milk**L**- Red beans and brown rice, green beans, pineapple, milk**S**- carrot sticks, cheese sticks, water | 11)**B**- cream of wheat, peaches, milk**L**- Mac & Cheese w/ ham, beets, pears, milk**S**- cottage cheese, mixed fruit, water |
| 14)**B**-yogurt parfaits w/ granola, peaches, milk**L**- Indian Corn w/ WG corn chips, green beans, milk**S**- trail mix, milk | 15)**B**- oatmeal, pears, milk**L**- ham pasta salad, peas, peaches, milk **S**- WG cinnamon toast | 16)**B**- WG waffles, applesauce, milk**L**- Bean & Cheese Burritos in WG tortillas, carrots, oranges, milk**S**-cucumber slices, carrot sticks, ranch and water | 17)**B**- WG cereal, pineapple, milk**L**- Beef Stroganoff WG noodles, Mixed veggies, apricots, milk**S**- saltines, cheese slices, water | 18)**B**- WG cinnamon toast, mandarin oranges, milk**L**- ham and beans, WG bread, peas, pears, milk**S**- yogurt, bananas, milk  |
| 21)**B**-WG biscuits & gravy, orange slice, milk **L**- chicken nuggets, tator tots, green beans, milk **S**- yogurt w/ graham crackers, milk | 22)**B-** WG cereal, oranges, milk**L**- beef tacos W/ corn shell, lettuce, tomato, corn, apricots, milk**S-** pretzels, milk | 23)**B**- cream of wheat, pears, milk **L**- grilled chicken breasts on WG buns, French fries, apples, milk**S**- cucumber sandwiches on WG bread  | 24)**B-** scrambled eggs, WG toast,apricots, milk**L-** Baked turkey, mashed potatoes, mixed veggies, WG bread, milk**S-** hardboiled eggs, goldfish and water | 25)**B-** WG French toast, mixed fruit, milk**L-** Tuna WG noodle casserole, peas, apples, milk**S-** bananas, cheese slices, water |
| 28)**B**- WG bagel w/ cream cheese, peaches, milk**L-** Chili w/ beef, green beans, mixed fruit, saltines, milk**S**-pretzels, apples, milk | 29)**B**- WG waffles, applesauce, milk**L-** baked ham, pineapple, mixed fruit, WG bread, milk**S**- saltines, cheese slices, water | 30)**B**- WG cinnamon, tortilla, banana, milk**L**- Beef shepherd’s pie, w/ mashed potatoes, WG bread, mixed veggies, milk**S**- broccoli, celery w/ranch, water | 31)**B**- WG English muffin w/ jelly, pears, milk **L**- Tuna WG pasta salad, peas, oranges, milk**S**- apples and cheese, water |  |

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This institution is an equal opportunity provider.

\*\*All milk served to participants is unflavored, all participants 2 years and older are served low-fat (1%) milk and children under 1 year old are served whole milk