

***Spin North Newsletter…A program proudly brought to you by Starpoint***

##### January 2020

Hey Families!

I hope you have a fantastic start to the New Year! I am reminded just how lucky I am to set to bring in the new year with all of our family here at SPIN North. Please help in Congratulating April Saunders as our new Assistant Director so please stop by the Infant room and say Hi to her!

Brittany Ruff, Center Director

“Children must be taught HOW to think not WHAT to think.” – Margaret Mead

**Infants:**

We have been working on our sign-language. We are adding to our signs the sign for milk, all done, more and please.

Bre has been filling in for us as a sub but is now a permanent part of our team here at north. Please help us congratulate her on her new positions as Infant room teacher!

Some of our friends are going to be transitioning up to the toddler room.

We are continuing to go outside so please make sure your child has shoes and a jacket. Also if you have pictures to share please email them to Brittany – [bconnor@starpointco.com](mailto:bconnor@starpointco.com) so we can print them off and hang them in the classroom. The children really enjoying looking at them and seeing their special people all day!

Mrs. April & Ms. Bre

**Toddlers:**

Happy New Year! We hope you all had a fantastic day off, and are ready to dive right back into school. We are getting one new friend, and a couple of our older friends are headed off to preschool. With that said, we are going to be working on our expectations and routines with the class.

We are really going to work on our sign language. The main words we are using sign for are please, more, and all done.

We are also welcoming back Ms. Alicia from here maternity leave. We are very excited about this next semester and we have lots of fun activities planned.

Ms. Adriana & Mrs. Alicia

**Preschool Room 2:**

We will be starting the Building Study very soon! Due to the holidays, lesson plans are a little delayed in the making, but they will be up for January! If you have any unique building materials, books about interesting buildings, know someone who works on buildings, etc. please let a teacher know! We love to incorporate any and all family involvement in our classroom!

PLEASE either bring in every day or have a set of mittens and a hat for your child to wear outside. If the temperature and/or conditions are deemed good enough to go outside, but only with the proper gear, your child will not get to go with their peers to the playground.

Here’s to kicking off 2020 on the right foot!

Mrs. Danielle & Mrs. Danielle

Ms. Lorene

**Kitchen:**

# Howdy Families!

# WOW, where did 2019 go? I cannot believe how time is flying by. With January comes cold and nasty weather at times. Hang in there my friends, this too will pass. I love my slow cooker for these days. Here is another of my family's favorites.  Enjoy!!!

**Simple Italian Pork Chops**

Ingredients:

* 2.5 pounds boneless chicken
* 1 can Campbell’s condensed cheddar soup (store brand is ok)
* 8 ounces Zesty Italian Dressing

Directions

1. Add all three ingredients to your slow cooker.
2. Cook 4 hours on high or 6-8 hours on low.
3. Enjoy!

Easily served over rice!

I will see you at the kitchen door!

Your Northside Cook

Tina Cook

**Preschool Room 3:**

Happy New Year 2020!!!

Welcome back, Ms. Sami and I hope everyone had a wonderful winter break.

During the next few weeks we will continue the tree study with some refreshers from the beginning of the year study, “The First Six Weeks.” These will include reviewing interest areas and classroom expectations.

Thank you to all our wonderful families for the amazing treats for our winter celebration

Mrs. Christine & Mrs. Sami

SPIN NORTH EARLY CHILDHOOD CARE AND EDUCATION CENTER

January Menu

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | 1)  Closed | 2)**B-**cream of wheat, peaches, milk  **L-**Tuna WG noodle casserole, peas, orange slices, milk  **S-** cauliflower w/ ranch, milk | 3)**B**-WG pancakes, mixed fruit, milk  **L**-ham & beans, cooked carrots, bananas, crackers, milk  **S**- goldfish, milk |
| 6)**B**-WG English Muffin, mixed fruit, milk  **L-** Cowboy grub, oranges, WG tortilla, milk  **S**- cottage cheese, pineapple, water | 7)**B**- oatmeal, applesauce, milk  **L**- chicken salad WG sandwiches /cranberries, carrots sticks, apricots, milk  **S**- celery sticks, cream cheese, milk | 8)**B-** WG tortilla w/ cinnamon, bananas, milk  **L**-Chili WG mac w/ beans, green beans, mandarin oranges, milk  **S**- cheese WG sandwiches, water | 9)**B**-WG waffles, peaches, milk  **L**- baked ham w/ pineapple, mixed veggies, WG bread, milk  **S**- pretzel rods, cheese, milk | 10)**B**- Scrambled Eggs, WG tortilla, apple slices, milk  **L**- chicken & WG brown rice, beets, pears, milk  **S**- yogurt, peaches, water |
| 13)**B**-WG cereal, mixed fruit, milk  **L**- tuna salad WG sandwiches, cucumber slices, carrot sticks, milk  **S**- apples and cheese slices, water | 14)**B**- French toast, pears, milk  **L**- Hamburgers w/ cheese on WG bun, tater tots, peaches, milk  **S**-pretzel twists, oranges, water | 15)**B**- WG biscuit & gravy, peaches, milk  **L**-WG spaghetti w/meat sauce, green beans, bananas, milk  **S**- cottage cheese, mixed fruit, water | 16)**B**- cream of wheat, orange slices, milk  **L**- bean & cheese burritos on WG tortillas, corn, pears, milk  **S**- cucumber WG sandwiches, water | 17)**B**-WG English muffin w/ sausage & cheese, mixed fruit, milk  **L**- Beef & broccoli w/ WG brown rice, mandarin oranges, milk  **S**- goldfish and milk |
| 20)**B**- WG waffles, applesauce, milk  **L**- WG Chicken Nuggets, French fries, cucumber slices, milk  **S**-saltines with cheese slices, water | 21)**B-** oatmeal, peaches, milk  **L**- Turkey rollups on WG tortilla w/ lettuce & tomato, apple slices, corn, milk  **S-** trail mix, milk | 23)**B**- WG pancakes, bananas, milk  **L**- beef Spanish WG brown rice, mixed veggies, peaches, milk  **S**- cauliflower, carrot sticks w/ ranch, milk | 24)**B-** WGcereal, apple slices, milk  **L-** baked ham w/ pineapple, peas, WG bread, milk  **S-** pretzel rod w/ cheese, milk | 25)**B-** Scrambled Eggs, WGtoast, banana, milk  **L-** chicken noodle casserole, mixed veggies, mandarin oranges  **S-** WG tortilla w/ cheese slices, water |
| 27)**B**- cream of wheat, pears, milk  **L-** Indian Corn w/ beef, WG corn chips, mixed veggies, milk  **S**- yogurt, peaches, water | 28)**B**- English Muffin w/ sausage and cheese, mixed fruit, milk  **L-** chicken WG pasta salad, green beans, apricots, milk  **S**- celery sticks w/ cream cheese, milk | 29)**B**- WG French toast, applesauce, milk  **L**- pizza joes on WG bun, tator tots, apple slices, milk  **S**- oranges, cheese stick, water | 30) **B-**scrambled eggs, WG tortilla, mandarin oranges, milk  **L-** WGMac ‘n cheese with ham, green beans, apple slices, milk  **S-** Cucumber sandwiches, milk | 31)**B-**WG Pancakes, Banana, milk  **L-** Chicken Broccoli Casserole, pears, WG bread, milk  **S-** trail mix, milk |

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\*\*All milk served to participants is unflavored, all participants 2 years and older are served low-fat (1%) milk and children under 1 year old are served whole milk WG- whole grain

Giant Shape Sorter

**Materials:**

-Cardboard Box

-Colorful tape or paint (optional)

-Box cutter \*Adult use only

-Blocks, balls, or other shape objects to put in the openings

-Packing tape

- Pencil or marker



**Building a foundation for “Understanding Shapes”**

When your child plays with a shape sorter, they are using recognition and problem-solving skills. When you add information about the characteristics of shapes, you are modeling counting, matching, and geometry skills. You are also helping them build a mathematical vocabulary that will help them talk about what they know.

**Instructions:**

* Tape the box together so that it has no openings.
* Collect objects to use as shapes for sorting.
* Draw an outline for each object you want to sort. Make the outline slightly larger than the actual size of the object.
* \*Adult only: Use the box cutter to follow the outline and create a hole for each object to fit through.
* Optional: Outline the holes with colorful tape or paint to define it.
* Encourage your child to use this just like a traditional shape sorter.
* Talk about the names of the shapes. Count the number of sides. Point to the angles of the shape and count these as well.