

***Spin Preschool Newsletter…A program proudly brought to you by Starpoint***

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***2020***

**Messages**

**Hope everyone had a great holiday break. We are now coming back getting ready to start the second half of our school year. Please remember to have your children bring warm clothing to go outside every day. Welcome Back!**

**Michelle Trenhaile-Center Director**

**Infant Room**

Welcome back from the holidays! We hope everyone had a great and safe holiday!

This month we will be continuing to learn the routine of the new babies. We will be working on trying new food with the older infants through texture and taste.

As a reminder, please check your child’s cubby for dirty clothes and if they need more, please bring in more.

Karen and Kaitlyn

**Toddler Room**

Welcome back, hope everyone had a great time!

The children have all grown up so much this year and we look forward to helping and watching the children grow in the upcoming year.

Please remember to bring in weather appropriate clothing including shoes, jackets, hats, and gloves. We go outside every day.

Angie and Kris.

 **Orange Room**

Welcome back to a new month and a new year! Orange room has a new room arrangement for the New Year!

We will continue with our sand study this month.

Just a friendly reminder, please keep home toys at home. Also make sure your child has extra clothes in their cubby for whatever messes might happen. Please make sure your child is dressed appropriately for the weather and has a coat, hats, gloves, and proper shoes. We go outside every day.

Terrie and Courtney

**Purple Room**

Happy New Year! With the start of a new year we will be starting a new study. The children and teachers voted unanimously to do the exercise study, look for more information once we start.

We will be working on class expectations and calming down techniques.

We will be having a temporary substitute in our room until we can fill Ms. Autumn’s position. Thank you for being patient and understanding during this transition.

Patti

 Ms. Lorene

**Green Room**

Welcome back everyone, we hope you all had a great holiday and break. Happy New Year.

To start off the New Year, we're going to start a new study: Signs. Since we've been gone, we will do an overview before starting anything new. We will start our new letters after a week of being back, letters M and N. We will continue to practice problem solving and recognizing feelings.

If you have any questions please come and see us.

Savanna and Shalina

**Yellow Room**

Welcome back! We hope you all had a happy and safe holiday vacation.

During this month, we will be starting the building study. We will be going over safety expectation for the classroom and playground.

We will also be starting to work on primary colors: red, blue, yellow.

We are looking forward to a fun month with your child.

Karen and Kayla

# Letter Writing Tray

**Ages: 3 and up**

Here's a great way to help your tot get a feel for writing — no paper or pencil required! First, sprinkle a thick layer of **cornmeal** over the bottom of a **rimmed baking sheet,** then show her how to write letters with one or two fingers. When she's ready to start over, gently shake the sheet to erase the letters. Store the cornmeal in a **ziplock bag** when not in use.

# Sound Search

**Ages: 2-1/2 and up**

Clue your child into phonetics with this educational twist on hide-and-seek. To play, gather up a handful of **objects that start with the same letter,** such as a banana, boat, boot, and ball. Talk with your little one about the sound that the objects start with (in this case, "buh"), and then have her close her eyes while you "hide" them around the room. Now make the sound of the letter ("buh buh buh") and challenge your child to find everything in the room that starts with that sound.

# Letter Portraits

**Ages: 4 and up**

Draw a large letter on a piece of **paper,** then give your child **colored pencils or crayons** and have her turn the letter into a portrait of something else. A lower-case "m" might become a camel, for example, or an upper-case "B" could change into a butterfly. For extra credit, tell older kids they can draw only objects that start with the letter on the paper.

**SPIN EARLY CHILDHOOD CARE AND EDUCATION CENTER**

**January 2020**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | 1)Closed | 2)**B-**cream of wheat, peaches, milk**L-**Tuna WG noodle casserole, peas, orange slices, milk**S-** cauliflower w/ ranch, milk | 3)**B**-WG pancakes, mixed fruit, milk**L**-ham & beans, cooked carrots, bananas, crackers, milk**S**- goldfish, milk  |
| 6)**B**-WG English Muffin, mixed fruit, milk **L-** Cowboy grub, oranges, WG tortilla, milk**S**- cottage cheese, pineapple, water | 7)**B**- oatmeal, applesauce, milk**L**- chicken salad WG sandwiches /cranberries, carrots sticks, apricots, milk**S**- celery sticks, cream cheese, milk | 8)**B-** WG tortilla w/ cinnamon, bananas, milk**L**-Chili WG mac w/ beans, green beans, mandarin oranges, milk**S**- cheese WG sandwiches, water | 9)**B**-WG waffles, peaches, milk**L**- baked ham w/ pineapple, mixed veggies, WG bread, milk**S**- pretzel rods, cheese, milk | 10)**B**- Scrambled Eggs, WG tortilla, apple slices, milk**L**- chicken & WG brown rice, beets, pears, milk**S**- yogurt, peaches, water |
| 13)**B**-WG cereal, mixed fruit, milk**L**- tuna salad WG sandwiches, cucumber slices, carrot sticks, milk**S**- apples and cheese slices, water | 14)**B**- French toast, pears, milk**L**- Hamburgers w/ cheese on WG bun, tater tots, peaches, milk**S**-pretzel twists, oranges, water | 15)**B**- WG biscuit & gravy, peaches, milk**L**-WG spaghetti w/meat sauce, green beans, bananas, milk**S**- cottage cheese, mixed fruit, water | 16)**B**- cream of wheat, orange slices, milk**L**- bean & cheese burritos on WG tortillas, corn, pears, milk**S**- cucumber WG sandwiches, water | 17)**B**-WG English muffin w/ sausage & cheese, mixed fruit, milk**L**- Beef & broccoli w/ WG brown rice, mandarin oranges, milk**S**- goldfish and milk |
| 20)**B**- WG waffles, applesauce, milk**L**- WG Chicken Nuggets, French fries, cucumber slices, milk**S**-saltines with cheese slices, water | 21)**B-** oatmeal, peaches, milk**L**- Turkey rollups on WG tortilla w/ lettuce & tomato, apple slices, corn, milk**S-** trail mix, milk | 23)**B**- WG pancakes, bananas, milk **L**- beef Spanish WG brown rice, mixed veggies, peaches, milk**S**- cauliflower, carrot sticks w/ ranch, milk | 24)**B-** WGcereal, apple slices, milk**L-** baked ham w/ pineapple, peas, WG bread, milk**S-** pretzel rod w/ cheese, milk | 25)**B-** Scrambled Eggs, WGtoast, banana, milk**L-** chicken noodle casserole, mixed veggies, mandarin oranges**S-** WG tortilla w/ cheese slices, water |
| 27)**B**- cream of wheat, pears, milk**L-** Indian Corn w/ beef, WG corn chips, mixed veggies, milk **S**- yogurt, peaches, water | 28)**B**- English Muffin w/ sausage and cheese, mixed fruit, milk**L-** chicken WG pasta salad, green beans, apricots, milk**S**- celery sticks w/ cream cheese, milk | 29)**B**- WG French toast, applesauce, milk**L**- pizza joes on WG bun, tator tots, apple slices, milk**S**- oranges, cheese stick, water |  30) **B-**scrambled eggs, WG tortilla, mandarin oranges, milk**L-** WGMac ‘n cheese with ham, green beans, apple slices, milk**S-** Cucumber sandwiches, milk | 31)**B-**WG Pancakes, Banana, milk**L-** Chicken Broccoli Casserole, pears, WG bread, milk**S-** trail mix, milk |

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\*\*All milk served to participants is unflavored, all participants 2 years and older are served low-fat (1%) milk and children between ages 1 year and 2 year old are served whole milk.

WG- Whole Grain