

***Spin Preschool Newsletter…A program proudly brought to you by Starpoint***

**![](data:None;base64...)**

***2020***

**Messages**

**Spring is just around the corner! Preschool will be closed for Spring Break March 16th-20th. Remember to set your clocks forward 1 hour on March 8th.**

**See page 3 of the newsletter to learn how to sign up for the Remind App to stay informed on drills and emergency practices.**

**Thank You, Michelle Trenhaile, Center Director**

**Toddler Room**

It’s already March and we have been learning and growing a lot! We have been enjoying coloring with crayons and markers. They have also really enjoyed reading Itsy Bitsy Spider! We are still working on social skills of telling our friends “that’s mine” when friends try to take our toys.

If you have any questions or concerns, please come see one of us.

Kris, Angie and Pam

**Infant Room**

We will be working on strengthening our muscles this month, so we can learn to pull up to stand, crawl and soon walk. Our little ones will be doing tummy time so help strengthen their muscles so we can soon roll and move like our older friends.

We are also still learning the routines of our new babies: what time they eat, sleeping in their cribs, and being around more children. Thank you for your patience with this.

Thank You,

Kaitlyn, Karen, and Sydney

 **Orange Room**

Welcome to the luckiest month of the year! We will continue learning about insects. So as some of you may have seen or heard, we have an ant farm in our room. We are having a lot of fun watching them build tunnels.

If you have not brought in a family phot, you still can.

Just a friendly reminder, please keep home toys at home, per the parent handbook.

Keep an eye out for our St. Patrick’s Day Party!

We look forward to another wonderful month.

Terrie and Courtney

**Purple Room**

Happy Spring!! This month we will be finishing our building study. We will need a few donated items to make our architectural pieces. We will try our hand at a robot, fort and houses made out of boxes and other materials. Feel free to stop in and check out our progress. This month we will be working on some social/emotional skills such as how to calm down when we are frustrated and how to cheer up a sad friend. If you have questions or concerns, please come see one of us.

Patti and Chandra

 Ms. Lorene

**Yellow Room**

Hello and welcome to the month of March. We will be springing our clocks forward an hour on March 8th.

This month we will be working on the colors green and yellow. We have also introduced two new sign language signs: mine and share.

We are still working on the ball study for a couple more weeks. We will be starting the study next.

Please remember to dress your child for the weather and bring them a jacket as WE GO OUTSIDE DAILY!!

Karen and Allie

**Green Room**

Hard to believe spring is almost here, seems as though we just started the school year. For this month we will be working on letters S, T, U, and V and continuing with the exercise study. We have started doing a word and color of the day. Just a reminder Spring Break is March 16-20.

For St. Patrick's Day we will be making root beer floats. If you have any questions please come and meet with us.

Thank You,

Savanna and Nina

****

**SPIN Early Childhood Education March Menu**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 2)**B**- WG Cereal, apple slices, milk**L-**Baked ham with pineapple, cooked carrots, WG bread, milk**S**-tortilla with cheese, water | 3)**B**-WG biscuits and gravy, orange slices, milk**L**- Bean and cheese WG burrito, corn, mixed fruit, milk**S**-cucumber WG sandwiches, water | 4)**B-**WG pancakes, applesauce, milk**L**-Tuna Noodle Casserole, peas, pears, milk**S**-saltines, cheese stick, water | 5)**B**-WG English muffin, cheese slice, banana, milk**L**-Cowboy Grub w/ WG brown rice, cucumber, oranges, milk**S**- Trail mix, milk | 6)**B**-cream of wheat, peaches, milk**L**-Beef enchilada casserole, mixed veggies, apple slices, milk**S**-celery w/ cream cheese, milk |
| 9)**B**-WG French toast, applesauce, milk**L**-Hawaiian chicken, WG brown rice, pineapple, cooked carrots, milk**S**-goldfish, milk | 10)**B**-scrambled eggs, WG tortilla, apples, milk**L**-spaghetti w/meat sauce w/WG pasta, corn, mixed fruit, milk**S**-cucumber, broccoli w/ ranch, water | 11)**B**-WG bagel w/cream cheese, banana, milk**L**- tuna salad WG sandwiches, cucumbers, carrots, milk**S**-pretzel rod with cheese sauce, milk | 12)**B**-WG English muffin w/sausage & cheese, apricots, milk**L**-chicken fajitas w/ WG tortilla, corn, pears, milk**S**-celery w/ sunflower butter, milk | 13)**B**-WG cereal, orange slices, milk**L**-Beef Spanish WG brown rice, mixed veggies, applesauce, milk**S**-yogurt, peaches, water |
| 16)**B**-WG bagel w/ cream cheese, pears, milk**L-**chicken WG pasta salad, peas, pineapple, milk**S**-goldfish and milk | 17)**B**-yogurt parfaits w/granola & peaches, milk**L-**chili w/beef, WG crackers, carrots, oranges, milk**S**-apples and cheese slices, water | 18)**B**-WG cereal, bananas, milk**L**-Ham and beans, WG bread slice, green beans, mixed fruit, milk**S**-WG tortillas w/ cheese. water | 19)**B**-WG biscuits and gravy, apples, milk**L**-Turkey rollups w/WG tortillas, lettuce, tomato, cucumber slices, oranges, milk**S**- WG toast and jelly, milk | 20)**B-** WG pancakes, applesauce, milk**L-** beef enchilada casserole, WG saltines, corn, peaches, milk**S-**  WG pretzels, milk |
| 23)**B**-oatmeal, applesauce, milk**L**- Chicken salad WG sandwich w/cranberries, cucumber slices, oranges, milk **S**-carrot sticks w/ranch, saltines, water | 24)**B**-WG English Muffin, mixed fruit, milk **L-** beef & broccoli on WG brown rice, apples, milk**S**- cottage cheese, pineapple, water | 25)**B**-WG cinnamon toast, bananas, milk**L**-baked turkey, mashed potatoes, green beans, WG bread, milk**S**-pretzels, milk | 26)**B-** scrambles eggs, toast, apricots, milk**L-**WG tater tot casserole, cooked carrots, saltines, peaches, milk**S**- WGtortillas w/ cheese slices, water | 27)**B-** WG french toast sticks, applesauce, milk**L-** ham and cheese WG sandwiches, cucumber slices, apples, milk**S-** trail mix, milk |
| 30) **B**-Yogurt parfaits w/ WG granola, pears, milk**L**- Cheeseburgers on WG bun, tater tots, peaches, milk**S**-pretzel twists, oranges, water | 31) **B**-WG waffles, applesauce, milk**L**- Turkey Bacon Alfredo Skillet w/ WG rotini, peas, mixed fruit, milk**S**-cottage cheese, pineapple, water |  |  |  |

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual’s income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the department. (Not all prohibited bases will apply to all programs, the first 6 protected bases of race, color, national origin, age, disability and sex are the 6 protected bases for applicants and recipients of the child nutrition programs.)

If you wish to file a civil rights program complaint of discrimination, complete the USDA program discrimination complaint form, found online at <http://www.ascr.usda.gov/complaintfilingcust.html>, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Ave., S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov. For individuals who are deaf, hard of hearing, have speech disabilities may contact USDA through the federal relay service at (800) 877-8339; (800) 845-6136 (Spanish) USDA is an equal opportunity provider and employer

\*\*All milk served to participants is unflavored, all participants 2 years and older are served low-fat (1%) milk and children between 1 year and 2 years old are served whole milk.

WG- whole grains