



# EHS NEWSLETTER MARCH 2020

MARCH 2020

**Come join us for a fun afternoon  
learning how to **COOK HEALTHY ON  
A BUDGET!!!****

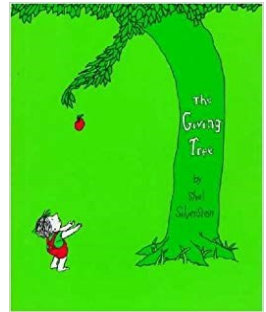
**COOKING MATTERS POP-UP!!**

**Wednesday March 11, 2020 from  
12pm–2pm.**

**WIN GIFT CARDS FOR COMPLETING  
A CHALLENGE!!!**

**Lunch and childcare will be  
provided.**

**Call Kenya or Kaylee to reserve your  
spot-275-0550**



*MARCH READ!*

*Book of the Month*

*Kid Approved!*

*SAVE THE DATE!!!*

**FAIRY TALE  
NIGHT  
APRIL 2, 2020  
From 6-7pm**





| Sunday  | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday  |
|---|---|--|---|---|---|---|
|   | 2<br>Play<br><b>HOPSCOTCH</b>   | 3 Socialization<br>11am<br>Family Center<br>Bean and<br>cheese burrito<br>corn & mixed<br>fruit  | 4<br>Race with your<br>child!   | 5<br>Sing to your<br>chile  | 6<br>Watch a good<br>movie and<br>snuggle       | 7<br>Build with<br>blocks or<br>objects around<br>the house |
| 8<br>Paint with<br>shaving foam<br>or paint!  | 9<br>Play band<br>with pots and<br>pans as drums                          | 10<br>Do a simple<br>act of kind-<br>ness!   | 11<br>Workshop<br>12pm-2pm<br>Lunch & Child-<br>care is provided<br>Baked turkey,<br>mashed potato<br>and gravy | 12<br>Policy Council<br>5:30pm<br>Chicken fajita<br>with WG tortil-<br>la and fruit | 13<br>Go to a<br>Garage Sale                    | 14<br>Race with your<br>child!                              |
| 15<br>Hug your<br>child 5 times<br>more today | 16<br>Family Center<br>closed!<br>Spring Break!                           | 17<br>Family Center<br>closed!<br>Spring Break!<br> | 18<br>Family Center<br>closed!<br>Spring Break!   | 19<br>Family Center<br>closed!<br>Spring Break!                                     | 20<br>Family Center<br>closed!<br>Spring Break! | 21<br>Color together  |
| 22<br>Try a new<br>Recipe!                    | 23<br>Read a story<br>have children<br>close their eyes<br>while you read | 24<br>Socialization<br>Family Center<br>11am<br>Beef and Broccoli<br>with brown rice<br>and fruit                                      | 25<br>Try a new food<br>with your child   | 26<br>Free Draw   | 27<br>Sing songs<br>together                    | 28<br>Watercolor  |
| 29<br>Go on a picnic                          | 30<br>Pop Popcorn!  | 31<br>Skip together  |   |   |   |   |