

***Spin Preschool Newsletter…A program proudly brought to you by Starpoint***

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***2020***

**Messages**

We want to welcome all our new families that have joined us from SPIN North. We also want to welcome our new staff from SPIN North: April, Sami, Tia and Tina. If you have any questions please feel free to call 719-275-0550 or email me mtrenhaile@starpointco.com.

Michelle Trenhaile

**Blue Toddler Room**

The toddlers have been enjoying the nice weather. Please make sure your child has extra clothes in case they get wet or dirty.

We have been doing a lot of dancing and want to continue with some of your favorite songs, so please let us know some songs your child likes at home. We would also like to know what books you enjoy reading to your child at home.

Ms. Angie, Ms. Kris and Ms. Pam

**Infant Room**

Happy 4th of July!

Thank you for your support during this crazy time. Feel free to call us for any questions or concerns.

We will be working on the color blue and gentle touches this month. Please check your child’s cubby for clothes and replace them as needed.

Have a safe and fun 4th of July weekend!

Ms. Karen and Ms. Kaitlyn

 **Orange Room**

Hello All! Lots of fun things are happening in the orange room this month. We are getting to know one of our teachers, Ms. Adriana. Please stop in and say hello! We are going to be following a new routine. Finally, we are really going to be working on using our listening ears to follow expectations. We hope you have a safe and fun 4th of July weekend.

Ms. Adriana and Ms. Sami

**Red Toddler Room**

Welcome July! This year has gong by really fast. This month we will be working on the routine of the classroom and getting to know each of our children and families.

We are enjoying singing/dancing to all kinds of different music.

Please bring in a family photo so we can hang them in our new room. We are also asking parents to bring in pillow cases to keep your child’s bedding in.

We are still working on toilet training with the help of all our families at home. Please bring in some extra clothes for your child, we get messy sometimes.

Ms. April and Ms. Tia

 Ms. Lorene

**Purple Room**

We will continue our mini studies about planets, jungle safari, etc.

We will be welcoming some new friends this month. In doing so, we will be going over routines, expectations, and other rules our new friends will be learning.

Water days will continue through July 31st. Please remember a swimsuit and towel with their name on it. Also if your child needs a special sunscreen, please bring it in as we go outside twice a day.

There will be an end of the year bash on July 31st – look for more information as the day draws closer.

Ms. Patti and Ms. Chandra

**Summer Preschool**

Welcome to our Extended School Year! We are excited to see you again! Our focus for extended school is social-emotional skills and building friendships.

We will have water day on Wednesdays so please bring in swimwear and towels labeled with your child’s name.

We will be doing activities inside the classroom and outside on our playground.

If you have any suggestions on activities, please feel free to let us know.

Ms. Savanna and Ms. Shalina

Activities for Home

**Grass Heads**
**Materials**: Old pair of nylon legs, grass seed, soil, small plastic containers (jar or cleaned cat food tins), elastic bands, googlie eyes (the ones you sew on), pipe cleaners and a spray bottle.

 **Description**:
1. Cut nylon at the knee
2.  Scoop in 1 tbsp. grass seed
3.  Scoop in preferred amount of soil / compacted (size of a softball).
     Work the soil down to foot of nylon into shape of a head.
4.  Tie the open end of the nylon tight (snip excess nylon and leave about 3 inches dangling).
OPTIONAL:
5. Have the children pinch the soil through the nylon to make it easy to tie an elastic around for ears and nose.
6.  Sew on googlie eyes.
7.  Make glasses out of pipe cleaners
8.  Place grass head on top of small container (have excess 3 inch nylon dangling into the container.
9.  Pour in 1/2 inch of water in bottom of the container every couple of days.
10. Spray water gently over grass seeds on top 2 times each day.

WATCH THE GRASS GROW and watch the children enjoy creating their own hairdo's.

SPIN EARLY CHILDHOOD CARE AND EDUCATION CENTER

**July 2020**

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|  |  | 1)**B**- WG biscuits and gravy, banana, milk**L**- chicken noodle casserole, mixed veggies, apricots, milk**S**- saltines, cheese slice, water | 2)**B**- WG waffles, applesauce, milk**L**- Rotini bake w/ beef and WG noodles, green beans, mandarin oranges, milk**S**- yogurt, apple slices, water | 3)**B**-Cereal, apple slices, milk**L**-tuna sandwiches/WG bread, carrot sticks, pineapple, milk**S**- hardboiled eggs, apple slices, water |
| 6)**B**- WG toast w/ jelly, apricots, milk**L-** baked turkey, WG bread, green beans, mandarin oranges, milk**S**- saltines and cheese slices, water | 7)**B**- scrambled eggs w/ WG tortilla, banana, milk**L**- tuna pasta salad, peas, mixed fruit, milk**S**- carrot sticks, cucumber slices w/ ranch, water | 8)**B-** WG bagels w/cream cheese, pears, milk**L**- Hawaiian chicken w/ brown rice, pineapple, mixed vegies, milk**S**- yogurt, pears, water | 9)**B**- WG french toast, apple slices, milk**L**- Ham & cheese sandwiches on WG bread, orange slices, corn, milk**S**- pretzel twists, milk | 10)**B**- WG oatmeal, applesauce, milk**L**- beef stroganoff, beets, apricots, milk**S**- trail mix, cheese sticks, water |
| 13)**B**- WG cereal, apricots, milk**L**- Beef Spanish rice, corn, mixed fruit, milk**S**- apple slices, cheese slices, water | 14)**B**- WG cinnamon tortilla, banana, milk**L**- baked ham w/ pineapple, mixed veggies, WG bread, milk**S**- cucumber sandwiches, water | 15)**B**- cream of wheat, pears, milk**L**- chicken bacon ranch penne/ WG noodles, cooked carrots, peaches, milk **S**- WG pretzel rods w/ cheese sauce, milk | 16)**B**- WG english muffins w/ sausage & cheese, mixed fruit, milk**L**- turkey gravy w/ mashed potatoes, mandarin oranges, WG bread, milk**S**- Cauliflower, carrot sticks w/ ranch, milk | 17)**B**- WG pancakes, apple slices, milk**L**- Beef enchilada casserole w/ corn tortillas, peas, apricots, milk**S**- cottage cheese, pineapple, water |
| 20)**B**- scrambled eggs w/ WG toast, applesauce, milk**L**- WG mac & cheese w/ beef, carrot sticks, mixed fruit, milk**S**- WG tortilla w/ cheese, water | 21)**B-** yogurt parfaits w/ granola, peaches, milk**L**- tuna noodle casserole, corn, apricots, milk**S-** pineapple, WG graham crackers, water | 22)**B**- WG oatmeal, bananas, milk**L**- chicken nachos w/ corn chips, green beans, apple slices, milk**S**- WG cinnamon toast, milk | 23)**B-** WG biscuits & gravy, applesauce, milk**L-** ham & beans, saltines, mixed veggies, orange slices, milk**S-** almond butter and jelly WG toast, milk | 24)**B-** WG french toast sticks, banana, milk**L-** baked turkey, mashed potatoes, WG bread, peaches, milk**S-** cottage cheese, pineapple, water |
| 27)**B**- WG cereal, pineapple, milk**L-** chicken fajitas, WG tortillas, corn, pears, milk**S**- yogurt, bananas, water | 28)**B**- WG waffles, mixed fruit, milk**L-** Indian corn w/ corn chips, orange slices, milk**S**- cheese sticks, pretzel twists, water | 29)**B**- cream of wheat, applesauce, milk**L**-Turkey and chees WG sandwich, mandarin oranges, cucumber slices, WG bread, milk**S**- hardboiled eggs, apple slices, water | 30)**B**- WG english muffin w/ cheese slices, pears, milk**L**- baked ham, mashed potatoes, WG bread, mixed fruit, milk**S**- trail mix, milk | 31)**B**- WG cereal, peaches, milk**L**- Cowboy grub w/ brown rice, cooked carrots, oranges, milk**S**- Cauliflower, carrot sticks w/ ranch, water |

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(1) Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or

(3) Email: program.intake@usda.gov.

This institution is an equal opportunity provider.

\*\*All milk served to participants is unflavored, all participants 2 years and older are served low-fat (1%) milk and children under 1 year old are served whole milk WG= whole grain