

EARLY HEAD START NEWSLETTER



January 2021



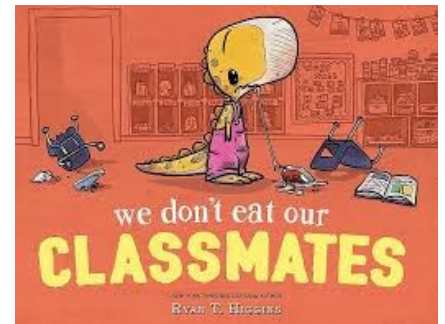
Early Head Start Families!

Do you have friends who are expecting a baby or have children birth to 3 years of age???

Early Head Start staff will personally deliver dinner (following COVID guidelines) for you and your family if you refer a friend and they successfully ENROLL!

All you have to do is refer a friend and make sure they enroll!!! Call us with questions!!!

Sherrie 719.275.0550



January READ!

Book of the Month

Kid Approved!





shutterstock.com • 755342926

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Happy New Year!	2 READ TO YOUR CHILD!
3 Pop popcorn or share puffs! Count the pops or puffs!	4 READ TO YOUR CHILD!	5 READ TO YOUR CHILD!	6 Spend time Outside!	7 Dance to a goofy song with your child!	8 Match SOCK with your child. This is math!	9 Play in the snow!
10 Snuggle with a cup of hot chocolate!	11 READ TO YOUR CHILD!	12 Make a fun snack!	13 Take a time out during naptime to pamper yourself	14 Make a grocery list while you meal plan.	15 Make a new recipe for the family to try!	16 Try a new vegetable
17 Learn about Dinosaurs!	18 Make silly hats with an old newspaper! Martin Luther King Day!	19 Do a goal check!	20 If your child is 12m or older make a dentist appointment!	21 GO EXPLORE OUTSIDE!!! POLICY COUNCIL	22 Try a new FRUIT!	23 Blow bubbles!
24 Color together	25 READ TO YOUR CHILD!	26 Watch the Magic School Bus	27 Try our new recipe card for this month!	28 READ TO YOUR CHILD!	29 Take turns making animal sounds!	30 Roll a ball to one another!