



August 2021

EARLY HEAD START | VOL.5 ISSUE 8 2021

THE SUMMER IS COMING TO AN END

BY BRENDA AGUIRRE

With summer coming to an end families are scrambling to get the last bit of summer fun in. It is the time to go swimming again, get some camping in, have summer barbecues and all the fun activities that your family enjoys. A new transition will soon begin with school starting, but now is the time to be sure that summer ends with family fun.

If you begin preparing your family for the upcoming school season it may be a little less painful. By talking and preparing all involved slowly, the transition may become easier. You may begin by making bedtime at a regular time. So...have some family fun and be sure that summer is enjoyed by all!

Just a quick reminder of socializations and all the fun the families and staff are having. Please come and enjoy the activities that are planned for you and your child. The next socialization focus is language development and promises to be enjoyable for all. Transitions are bit hard for all but preparing mindfully and intentionally beginning the process will help. Having conversations with your child why the schedule is more regular now is important.

Have you and your child read any fun books lately? This is a great time to begin your bedtime routine with a new book/ old book whatever sparks an interest for you and your child.



GARDEN UPDATE

BY SADIE SWISHER

Our Family Center garden is EXPLODING!!! Please stop by with your little one and pick fresh veggies to add to your dinner! So far we have harvested cucumbers, herbs, string beans and peppers. There is so much more to come!

We had some expert taste testers try the first picked cucumbers and ranch dip using herbs from the garden. Check out their photos to see if they approved!!!

We have a lot of caterpillars on our dill that soon will transform into beautiful Monarch Butterflies!!!



Date Night

Thank you to all the couples who came to date night!

We had so much fun enjoying a quiet dinner and playing games!

Dinner was yummy! Thank you to Mabel's husband who made the spaghetti and staff for preparing all the sides!

If you missed it- keep an eye out for the next one!

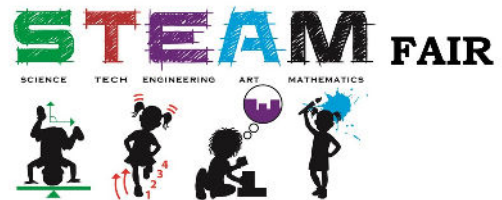
*We are demanding a corn hole rematch!!!
You know who you are...*



STEAM FAIR

STARPOINT
Enriching Lives Realizing Dreams

Starpoint Children's Services 4th Annual Early Childhood



**Tuesday, August 10, 2021
4:30 to 6:30 p.m.**

**Starpoint Children's Services @ SPIN
1339 Elm Avenue, Cañon City**

FREE to all Families!

Playful, creative, and fun - STEAM learning is important for building young children's overall skills.

Come interact and enjoy while we explore the wonder of Science, Technology, Engineering, Art, & Math with our very young children.

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